ABSTRACT OF THE DISCLOSURE

The present invention provides enhanced pallets. The pallets may be aluminum extruded pallets having a plurality of hollow blocks and a plurality of hollow cross members. The blocks and cross members are welded together to form a

5   pallet. The blocks and cross members may have internal wall structures which form one or more crush cells or crush zones. The crush cells or crush zones deform in a controlled manner on impact to reduce impact damage to the pallets. The pallets have a high load strength supporting capability and allow the pallets to withstand repeated or severe impacts while remaining functional.